

Annie Gevorkian - 7 Day Sample Menu

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<u>Breakfast:</u>	Fruit salad in cantaloupe boats with jam filed hazelnut muffins	Bacon and eggs (to order) with potato latkes and multigrain bread	Banana Walnut waffles with fresh berries	Bagels with lox and cream cheese	Mushroom and Swiss omelet	Yogurt parfaits (fruit & granola) with fresh bread & cheese platter	Crepes with fruit and Chantilly cream or Maple syrup
<u>Lunch:</u>	Seared Tuna on bed of baby greens with roasted pine nuts	Flammenkuche (White Pizza with bacon) & gourmet Vegetable Pizzas	Cold Vietnamese Spring rolls (vegetable &/or shrimp) & sushi's selection	Honey Mustard & Dill Salmon with side spinach salad	Greek picnic pie with tri-color Greek pasta salad and Black Olive Tapenade on crostini's	Chili lime chicken burritos with cilantro guacamole and Pico de Gallo	Turkey Hero sandwiches with Side salad & Curry Carrot soup
<u>Dinner:</u>							
Starter	Stone Crab Claws with remoulade sauce – Substitution of Lobster Bisque	Chevre Chaud (Warmed goat cheese) on French bread on bed of Balsamic herbed salad	Smoked salmon and spinach mousse	Stuffed mushrooms	Edemame beans (Steamed) with Sea Salt	Portobello and Heirloom Tomatoes Napoleon	Scallops Provençale
Main	Baked Lemon & Dill Mahi-Mahi	Spinach stuffed pork tenderloin	Pesto marinated chicken breast with provolone and tomatoes	Beef Tenderloin with Peppercorn sauce	Thai chicken satays with peanut sauce	Crabmeat Ravioli with red pepper cream sauce and asparagus	Broiled Lobster tails or King Prawn in Mornay sauce
Side	Garlic infused Basmati with baby carrots and broccoli flowerets	Couscous and Marinated grilled veggies	Pesto Farfalle and fresh green beans	Oven roasted potato wedges, grilled tomatoes and Asparagus Spear	Stir Fried Ginger Veggies over rice vermicelli	Cheese roasted garlic bread	Mediterranean rice & wilted spinach
Salad	Baby Spinach with beet, eggs and cashews	Balsamic herbed spring salad	Boston with Avocado and lemon herb dressing	Mixed greens with mustard balsamic vinaigrette	Thai Noodle salad	Caesar salad with parmesan crisps and homemade croutons	Antipasto salad (tomato, avocado, palm hearts, artichoke, asparagus) in Modena dressing
<u>Dessert:</u>	Rum Cake	Lime Mousse or Lime soufflé	Chocolate éclairs	Mini jardinières (custard fruit pies)	Black Russian chocolate cake	Bananas Foster with Vanilla Bean Ice Cream	Tiramisu